











































# ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUD CHEESE AND HAM CARBONARA		✓ Wheat					✓							
Ingredients: Veg Onion Diced Brake 1.5KG, Ham Cooked Diced 1KG, Water Cold 1L, Oil Rapeseed Extended Life B/B 20L, Herb Parsley Flat Leaf Bunch BB 100g, Sauce Bechamel 20KG ( <b>Milk, Wheat</b> ), Puree Garlic KG, Foil Deep Good2Go, Lid Foil Good2Go, Cheese Cheddar Grated Mild White 1KG ( <b>Milk</b> )														















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Pasta Wholemeal		✓ Wheat												
Ingredients: Pasta Penne Wholemeal 5kg ( <b>Wheat</b> )														

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CPUA SEASONAL FRUIT														
Ingredients: Orange Small 15KG, Apple Red Premium 18KG, Loose Bananas 18.14kg														















## Allergy Advice:

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- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen















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CPUH VEG COWBOY PIE		✓ Barley ✓ Wheat		✓			✓							✓

Ingredients: Lid Foil Good2Go, Foil Deep Good2Go, Beans Baked NAS Vegan Heinz 2.62KG, Sauce BBQ Texan Style HP 2.15L, Water Cold 1L, Mix Cold Potato Mash Maggi Bag 4KG (**Milk, Sulphur D02/Sulphites**), Tomatoes Chopped Canned Riverdene 2.5KG, Sausage Quorn Approx 40 2KG (**Eggs, Milk, Barley, Wheat**)

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JACKET POTATO WITH BAKED BEANS PRIMARY														

Ingredients: Potato Baking 80s 15KG, Beans Baked NAS Vegan Heinz 2.62KG















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YOGHURT							✓							















Ingredients: Yoghurt Strawberry Low Fat Bulk 4.6L (**Milk**), Pot Graze Revive Med 300ml, Lid Graze Revive 300-425 M-XI

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Cabbage Pri														
Ingredients: Cabbage Savoy Premium														

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CPUD CARROTS BABY														
Ingredients: Carrots Baby in Steam Bags														

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